

# MORNING MENU

9am - 11am

## BREAKFAST

<b>Applegarth Breakfast</b> Grayshott Sausage, Smoked Streaky Bacon, Eggs Your Way, Mushrooms, Black Pudding, Tomato, Baked Beans, Toast	£14
<b>Eggs Your Way</b> Poached, Scrambled or Fried, Toast <i>GFO</i>	£8
<b>Smoked Salmon &amp; Scrambled Eggs</b> Toast	£10
<b>Classic Smashed Avocado</b> , Toast <i>DF/GFO</i> (V)	£8
<b>Applegarth Smashed Avocado</b> , Toast, Tomatoes, Feta, Sunflower Seeds, Sriracha <i>DFO/GFO</i>	£9
<b>Classic Bacon Sandwich</b> , Smoked Streaky Bacon, <i>DFO/GFO</i>	£7
<b>Classic Sausage Sandwich</b> Grayshott Sausage	£7
<b>SODT Bakery Toast</b> Butter, Jam or Marmalade <i>GFO</i>	£4
<b>Pastry Selection</b> Croissant / Pain au Chocolate / Pain Au Raisin	£4
<b>Savoury Croissant</b> Honey Roast Ham, Cheese	£6
<i>Add Poached, Scrambled or Fried Eggs £3   Bacon Rashers £3   Grayshott Sausage £3   Mushrooms £2   Tomato £2   Smoked Salmon £3   Avocado £3   Black Pudding £2</i>	

## FRESH JUICES

<b>Grapefruit / Orange / Apple</b> Freshly Pressed (V)	£5.5
<b>Triple Charge</b> Apple, Carrot, Ginger (V)	£5.5
<b>Vit-C Booster</b> Grapefruit, Carrot, Orange, Turmeric, Cayenne (V)	£5.5
<b>Lean &amp; Green</b> Kale, Lemon, Ginger, Cucumber, Green Apple, Celery (V)	£5.5
<b>Apple Tart</b> Apple, Mint, Kiwi, Lime (V)	£5.5

## SMOOTHIES

<b>T-Oatly Mocha</b> Double Shot Espresso, Oats, Banana, Cocoa Nibs, Oat Milk (V)	£6.5
<b>Chia Up</b> Mixed Berries, Banana, Chia Seeds, Coconut Milk (V)	£6.5
<b>Grasshopper</b> Avocado, Apple, Ginger, Lime, Cucumber, Kale, Coconut Water, Celery (V)	£6.5
<b>Su-Pear Charge</b> Pear, Dates, Almond Butter, Cinnamon, Cardamon, Almond Milk (V)	£6.5
<b>Citrus Punch</b> Pineapple, Ginger, Turmeric, Black Pepper, Orange Juice (V)	£6.5

## River Coffee Roasters

*'Water within rivers is full of life, and rivers face a difficult journey with many obstacles and paths in their way. The river's path often splits but comes back together and meets again. The strength and determination of river water flows and with it gains momentum. Just like rivers we, River Coffee Roasters, carry our determination and strength with us so that we can make a difference in producing countries to deliver our amazing coffee to coffee lovers all over the world. ' - River Coffee Roasters*

### Coffee

Espresso	£2.50
Macchiato / Cortado	£2.75
Americano	£2.95
Flat White	£3.15
Cappuccino	£3.25
Latte	£3.25
Mocha	£3.50
Iced Coffee	£3.25

Decaf coffee & alternative milks available on request

Flavoured Syrups: Vanilla / Caramel / Hazelnut / Cinnamon + £0.50

## Loose Leaf Teas

*Love a good cuppa? Meet our friends, Bird & Blend, who believe every cup should be comforting, warming & restorative; an experience to savour. That's why they only use full leaf tea sourced from the finest sustainable estates the world over.*

Earl Grey Creme *Fresh & Fragrant, with a hint of Vanilla*

Great British Cuppa *Light & Refreshing, Indian Assam, Sri Lankan & Chinese Yunnan Teas*

Enchanted Narnia *Rose Petals, Lemongrass, Cocoa Shell. A Smooth Turkish delight Tea!*

Sunny Sencha Green Tea *A Pure Sencha with Sunflower Petals, Rich in Antioxidants*

Dozy Girl Chamomile *A Soothing blend of Chamomile, Lavender & Rose*

Peppy Mint *A Crisp blend of Whole Peppermint Leaves & Cornflowers*

Rooibos *A Caffeine Free Breakfast blend, Fab With Milk*

Strawberry & Pomegranate *A Summer Strawberry Punch* **£2.95**

### Other Beverages

Yorkshire Breakfast Tea **£2.25**

Hot Chocolate *Adult £3.50 / Kids* **£2.60**

Babyccino **£0.95**

Fresh Mint Tea **£2.50**

Fresh Lemon & Ginger **£2.50**

Matcha / Turmeric / Chai Latte **£3.50**

GFO - Gluten Free Option DF - Dairy Free / DFO - Dairy Free Option

Please Speak To Our Staff Before Ordering If You Have Any Allergies And/Or Intolerances  
OPTIONAL SERVICE CHARGE 12.5%